

**APPENDIX****REASONS FOR WARNING AND/OR DISQUALIFICATION (DQ)  
ACCORDING TO IAAF TECHNICAL RULES  
(2018-2019)**

125.5 unsporting manner / improper conduct

\*142.4(a) no show of confirmed athlete

\*142.4(b) no show of qualified athlete

\*142.4(c) competing without bona fide effort

143.11 Not complying with the clothing / shoes / bibs rules

144.3(a) pacing

144.3(b) use of electronic device

144.3(c) use of technology or appliance

144.3(d) use of mechanical aid

144.3(e) provision of advice or other support by an official of the competition

144.3(f) receiving physical support from another athlete

\*145.2 disqualification from further events [due to 125.5 (incl. 162.5)]

162.5(a) aborting the start without valid reason

162.5(b) delaying the start

162.5(c) disturbing the start

162.7 false start

163.2(b) intentional jostling / obstruction

163.3(a) lane infringement

163.3(b) infringement of the inside border

163.5 leaving the assigned lane before the breakline

163.6 continuing in the race after voluntarily leaving the track

168.6 knocking a hurdle in another lane

168.7 not jumping each hurdle

168.7(a) trailing leg at hurdle clearance below the horizontal plane of the top hurdle

168.7(b) deliberately knocking down a hurdle

169.7 not jumping each hurdle / the water jump

169.7(a) stepping beside the water jump

169.7(b) trailing leg at hurdle clearance below the horizontal plane of the top of hurdle

170.6(a) running without the baton / finishing the race without the baton

170.6(b) fault at carrying the baton (e.g. using gloves or substances on hand)

170.6(c) fault at recovering a dropped baton

170.7 passing the baton outside the takeover zone (early / late takeover)

170.8 infringement of Rule 163.3 / impediment at takeover

170.9 taking the baton from another team

170.10 running more than one leg / using more than two substitutes

170.11 late confirmation / changing team composition and/or running order

170.13 leaving the assigned lane before the breakline

170.14 leaving the assigned lane early before the breakline

170.15 leaving the assigned lane early before the breakline

170.16(a) leaving the assigned lane early before the breakline

170.19 starting outside the takeover zone

170.20 exchanging positions before takeover (Medley, 4 x 400m)

170.21 jostling / obstruction at takeover

200.8(c) false start (Combined Events)

214.6 leaving the assigned lane before the breakline (Indoor)

218.4 exchanging positions before takeover (4 x 200m, 4 x 400m, 4 x 800m)

230.7(a) repeated failure to comply with the definition of Race Walking

230.7(c) fourth red card (when pit lane rule used)

230.10(h) taking refreshment out of official station / taking refreshment of another athlete

230.13 shortening the distance to be covered (Race Walk)

240.8(h) taking refreshment out of official station / taking refreshment of another athlete

240.10 shortening the distance to be covered (Road Running)

250.9 shortening the distance to be covered (Cross-Country)

251.6 shortening the distance to be covered (Mountain Running)

252.6 shortening the distance to be covered (Trail Running)

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*Note: items separated by slash will be chosen as appropriate*

*\* for foot note reference only and not to be included on the Results section*